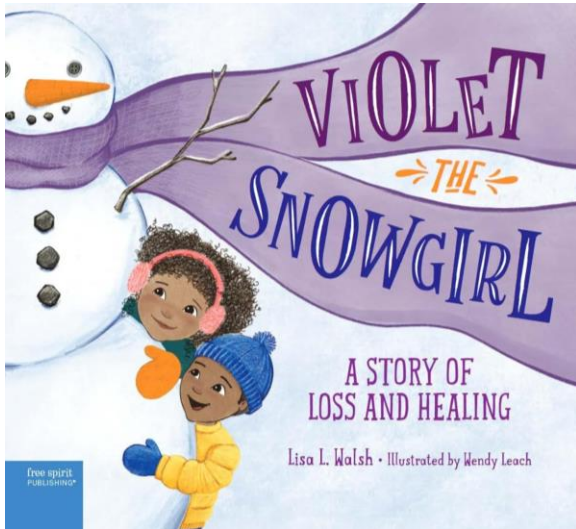


## Discussion Guide for Families



### **Violet the Snowgirl: A Story of Loss and Healing**

*Author:* Lisa Walsh

*Illustrator:* Wendy Leach

**Themes:** Emotions and Feelings

**Book Brief:** When Jerzie spends the day building a snowgirl named Violet with her grandma and brother, she uses her imagination to create joyful memories. When Violet melts, Jerzie learns to cope with her grief, and the story provides helpful strategies and prompts to support children navigating loss and change.

### **READ ALOUD**

#### **Before Reading: Build Background**

- Ask your child, "What does it mean to feel sadness? Can you think of a time when you felt sad? What happened?"

#### **While Reading: Make Connection**

- Why does Jerzie feel sad the day after her birthday?
- How does building a snowman with her brother help Jerzie feel better and have fun?
- Why does the melting snowman make Jerzie and her brother feel sad?

#### **After Reading: Ask Questions**

- Make a list of ways Jerzie and her brother cope with their sadness and think about the happy moments in their lives.

### **RELATED ACTIVITIES**

#### **If your child enjoyed this book, consider:**

- Encourage them to talk about it during other conversations.
- Let them explore more about the topic by reading other books with similar themes, structure, or content. For example: [Many Shapes of Clay: A Story of Healing](#)