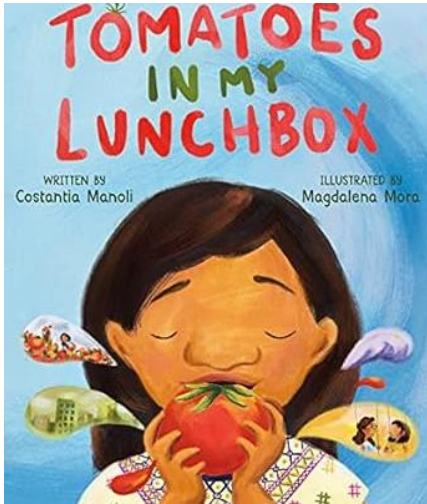


Discussion Guide for Families



Tomatoes in My Lunchbox

Author: Costantia Manoli

Illustrator: Magdalena Mora

Themes: Social Emotional Learning, Friendship

Book Brief: This emotionally sweeping picture book artfully captures feelings of displacement and the joy that comes from forging new friendships.

READ ALOUD

Before Reading: Build Background

- Ask your child if they have ever felt embarrassed of something about themselves. How did you try and overcome that feeling?

While Reading: Make Connections

- How does the girl feel about her teachers and classmates mispronouncing her name? What about the words and pictures makes you say that?
- Why do you think the girl wants to change her name?
- Where does the girl get her name from?

After Reading: Ask Questions

- How did the girl's classmates help overcome her fears? Use examples from the story.

RELATED ACTIVITIES

If your child enjoyed this book, consider:

- Discussing the importance of learning about different cultures.
- Reading more books by the illustrator, such as [Still Dreaming/ Seguimos Soñando](#).