

PAY IT FORWARD VOCABULARY PAY IT FORWARD VOCABULARY

Prologue	Student-friendly definition
Movement (p. 1)	a group of people who share the same ideas or beliefs and who work together to achieve a goal
Investigative journalist (p. 1)	someone who writes for a newspaper and focuses on discovering the truth about an event, person, etc.
Altruism (p. 1)	caring or helping other people without expecting a reward
Sacrifice (p. 1)	to give up something valuable in order to get something more important
Publicity (p. 1)	the attention that someone or something gets from newspapers, television, etc.
Remarkable (p. 2)	unusual or surprising and therefore deserving attention or praise
Startling (p. 2)	very unusual or surprising
Generosity (p. 3)	the quality of being kind and giving
Dramatically (p. 3)	in a great and sudden way
Commonplace (p. 3)	not special or unusual
Gradually (p. 5)	slowly, over a long period of time
Adjust (p. 5)	to become familiar with a new situation
Circumstance (p. 5)	the conditions that affect a situation, action, event, etc.



Chapter 1	Student-friendly definition
Muster (p. 7)	to get enough courage or confidence to do something
Flushed (p. 8)	red in the face
Absence (p. 8)	the lack of something or the fact that it does not exist
Address (p. 8)	to speak to someone or a group, usually in a formal way
In jeopardy (p. 9)	in danger of being lost or harmed
Former (p. 9)	having a particular position in the past
Unfamiliar (p. 9)	unknown
Unpredictable (p. 10)	changing a lot so it is impossible to know what will happen
Resentful (p. 10)	feeling angry and upset about something
Injured (p. 13)	having a wound or damage to part of the body
Vietnam (p. 13)	a country in southeast Asia where the US fought a war during the 1960's and 1970's
Ingrained (p. 15)	firmly established and difficult to change
Flaunt (p. 15)	to show off something
Objectivity (p. 15)	based on facts rather than opinions or feelings
Unsightly (p. 16)	ugly or unpleasant to look at
Skin graft (p. 16)	a medical operation in which healthy skin is removed from one part of the body and used on another part to replace burned or damaged skin



Chapters 2-3	Student-friendly definition
Idle (p. 20)	if an engine idles, it runs slowly while the vehicle is not moving
Condition (p. 20)	the state that something is in, especially how good or bad its physical state is
Potentially (p. 20)	the ability to develop or happen in the future
Saunter (p. 21)	to walk in a slow relaxed way that reflects confidence or pride
Bother (p. 21)	to make the effort to do something
Whereabouts (p. 21)	the general area something or someone is in
Scan (p. 23)	to examine an area carefully but quickly
Furrow (p. 23)	a deep line or fold in the skin of someone's face, especially on the forehead
Humble (p. 24)	not considering yourself or your ideas to be as important as other people's
Relieved (p. 24)	feeling happy and no longer worried about something



Chapter 4	Student-friendly definition
Conscious (p. 27)	awake and able to understand what is happening
Instinct (p. 27)	a natural tendency to behave in a particular way or a natural ability to know something, which is not learned
Squint (p. 27)	to look at something with partly closed eyes to see better
Judgment (p. 27)	the ability to make sensible decisions about what to do and when to do it
Receding (p. 28)	to gradually move backwards
Regret (p. 30)	to feel sorry about something and wish you had not done it
Commence (p. 30)	to begin or to start something
Sterilize (p. 30)	to make something completely clean
Tinker (p. 30)	to make small changes to something in order to repair it or make it work better
Discourage (p. 30)	to persuade someone not to do something, especially by making it seem difficult or bad
Tone (p. 31)	the way a voice sounds, reflecting a person's feelings
Incident (p. 32)	an event, especially one that is unusual, important, or violent
Misplace (p. 34)	to lose something for a short time
Deform (p. 35)	distort the shape of
Recognition (p. 35)	the act of realizing and accepting that something is true or important
Voluntary (p. 37)	done willingly and without being forced
Euphemistic (p. 38)	using polite words and expressions to avoid shocking or upsetting people



Chapters 5-6	Student-friendly definition
Deserted (p. 42)	empty and quiet because no people are there
Sarcastic (p. 42)	saying things that are the opposite of what you mean
Drift (p. 44)	to move slowly on water or in the air
Insincere (p. 49)	pretending to be pleased, sympathetic, etc., but not really meaning it
Convince (p. 50)	to make someone feel certain that something is true or to persuade someone to do something
Properly (p. 50)	correctly, or in a way that is considered right
Envy (p. 51)	to wish that you had someone else's possessions, abilities, etc.
Tempt (p. 51)	to try to persuade someone to do something by making it seem attractive
Dismissive (p. 53)	refusing to consider someone or something seriously
Transparent (p. 54)	clear and easy to understand
Intention (p. 54)	a plan or desire to do something
Sensitive (p. 54)	easily upset or offended by events or things that people say
Modest (p. 55)	not very great, big, or expensive
Scrupulous (p. 55)	doing something very carefully so that nothing is left out
Accustom (p. 61)	to become used to a situation or place



Chapter 7	Student-friendly definition
Divine (p. 63)	coming from or relating to a god
Arthritis (p. 63)	a disease that causes the joints of a body to become swollen and very painful
Flourish (p. 64)	to grow well and be very healthy
Anxious (p.64)	to feel worried about something
Associate (p. 65)	to make a connection between one thing or person and another
Genuine (p. 67)	something that is truly what it is said to be; authentic
Priority (p. 70)	something that is considered more important or the most important
Detour (p. 71)	a way of going from one place to another that is longer than the usual way

Chapter 8	Student-friendly definition
Notion (p. 73)	an idea, belief, or opinion
Preening (p. 74)	to spend time making yourself or someone else look tidier and more attractive
Wisdom (p. 75)	knowledge gained over a long period of time through learning or experience
Pity (p. 76)	sympathy for a person or animal who is suffering or unhappy
Desperate (p. 76)	needing or wanting something very much
Shame (p. 76)	feeling very sorry and embarrassed because of an action
Unequipped (p. 77)	to be unprepared
Irritating (p. 78)	annoying



Chapter 9	Student-friendly definition
Idealism (p. 86)	belief in living life according to high standards and principles, even when they are very difficult to achieve
Assume (p. 87)	to think that something is true without having definite proof
Scuff (p. 87)	to make a mark on a smooth surface by rubbing it against something rough
Obedient (p. 87)	always following rules, orders, and directions
Repel (p. 88)	to keep something or someone away
Appreciate (p. 88)	to understand how good or useful someone or something is
Excruciating (p. 90)	extremely unpleasant or painful
Grave (p. 90)	serious because something worrying happened or may happen
Petulant (p. 91)	behaving in an unreasonably impatient and angry way, like a child

Chapter 10	Student-friendly definition
Temperamental (p. 95)	likely to suddenly become upset, excited, or angry
Selfless (p. 95)	caring about other people more than about yourself
Pleasant (p. 95)	enjoyable or attractive and making you feel happy
Slant (p. 96)	to slope or make something slope in a particular direction
Catalogue (p. 98)	a complete list of things that you can look at, buy, or use



Chapter 11	Student-friendly definition
Unsettled (p. 101)	slightly worried, upset, or nervous
Muted (p. 101)	soft and gentle, not bright
Brutish (p. 101)	cruel and not sensitive to people's feelings
Postpone (p. 104)	to change the date or time of a planned event or action to a later one
Trudge (p. 105)	to walk with slow, heavy steps
Indicate (p. 105)	to show that a particular situation exists, or that something is likely to be true
Scattered (p. 107)	spread over a wide area or over a long period of time

Chapter 12	Student-friendly definition
Poised (p. 108)	not moving, but ready to move or do something at any moment
Reaction (p. 110)	something felt or done because of something that has happened or been said
Immobile (p. 111)	not moving at all
Preoccupied (p. 114)	thinking about something a lot, resulting in not paying attention to other things
Sophisticated (p. 114)	having a lot of experience of life, and good judgment about socially important things such as art, fashion, etc.
Unflawed (p. 115)	perfect, unspoiled
Saturated (p. 116)	extremely wet
Usher (p. 119)	to help someone to get from one place to another
Ultimatum (p. 120)	a threat saying that if someone does not do something by a particular time, they will be punished



Chapters 13-15	Student-friendly definition
Significant (p. 121)	having an important effect or influence, especially on what will happen in the future
Layaway (p. 121)	a method of buying goods in which the buyer gives the seller a small amount of money to keep the goods until they can pay the full price
Encounter (p. 122)	an occasion when you meet someone
Chaste (p. 122)	simple and plain in style
Impulsive (p. 124)	to do things without considering the possible consequences
Delirious (p. 126)	to be restless and not make sense, often because of an illness
Register (p. 127)	to realize or notice something and then remember it
Increasingly (p. 127)	more and more all the time
Unsteady (p. 128)	shaking or moving; unbalanced
Clamp (p. 128)	to put or hold something in a position so that it cannot move
Fond (p. 131)	to like someone or something very much
Conclude (p. 131)	to decide that something is true after considering all the available information
Mention (p. 132)	to talk or write about something or someone
Stalk (p. 137)	to follow a person or animal quietly in order to attack them
Marvel (p. 138)	to feel or express great surprise or admiration at something
Transcend (p. 140)	to go beyond the usual limits of something



Chapter 16	Student-friendly definition
Comment (p. 143)	to express an opinion about someone or something
Astonishment (p. 144)	complete surprise
Tension (p. 144)	a nervous worried feeling that makes it impossible to relax
Reverberate (p. 145)	if a loud sound reverberates, it is heard many times as it is sent back from different surfaces
Contagion (p. 146)	a feeling or attitude that spreads quickly
Complicate (p. 147)	to make a problem or situation more difficult
Jingle (p. 147)	a short song used in advertisements
Trite (p. 148)	boring, not new, and insincere
Reasonable (p. 148)	fair and sensible

Chapter 17	Student-friendly definition
Retrieve (p. 149)	to find something and bring it back
Unconcerned (p. 149)	not worried about something
Ordeal (p. 150)	a terrible or painful experience that continues for a period of time
Brace (p. 150)	to push a body part against something solid for balance/to be steady
Wiry (p. 150)	thin, but has strong muscles
Hollow (p. 151)	a sound that is low and clear, like when something empty is hit
Tilt (p. 151)	to move or make something move into a position where one side is higher than the other



Chapters 18-19	Student-friendly definition
Fluke (p. 153)	something good that happens because of luck
Originator (p. 156)	the person who first has the idea for something and starts it
Imposter (p. 157)	someone who pretends to be someone else in order to trick people
Contribution (p. 158)	something that you give or do in order to help something be successful
Freelance (p. 159)	working independently for different companies rather than being employed by one company
Pardon (p. 159)	to officially allow someone who has been found guilty of a crime to go free without being punished
Spare (p. 161)	to not damage or harm someone or something
Sketchy (p. 161)	not thorough or complete; not having enough details to be useful
Lecture (p. 167)	an act of criticizing someone or warning them about something in a long serious talk, in a way that they think is unfair or unnecessary

Chapter 20	Student-friendly definition
Jarring (p. 173)	to shake or hit something in a way that damages it or makes it loose
Produce (p. 173)	to fund and control how a show or film is made
Tingle (p. 175)	a slight stinging feeling, especially on skin
Stiff (p. 178)	to cheat someone by not paying them
Ironic (p. 178)	something that is unusual or amusing because something strange happens, or the opposite of what is expected happens
Coat (p. 183)	to cover something with a thin layer of something else



Chapter 21	Student-friendly definition
Flattered (p. 188)	pleased because someone has shown you that they like or admire you
Sinking (p. 189)	to gradually get into a worse condition
Pronounced (p. 189)	very great or noticeable
Dwindle (p. 189)	to gradually become less and less (or smaller and smaller)
Urge (p. 189)	a strong wish or need
Intermittent (p. 192)	stopping and starting often and for short periods
Metallic (p. 193)	sound of pieces of metal hitting each other
Punctuate (p. 193)	to interrupt something, especially when this is repeated
Vent (p. 193)	to express feelings of anger, hatred, etc.

Chapter 22	Student-friendly definition
Pool (p. 197)	to combine money, ideas, skills, etc. with those of other people for the group to use
Imposing (p. 197)	large, impressive, and appearing important
Compel (p. 198)	to force someone to do something
Winced (p. 198)	to suddenly change facial expression in reaction to something painful or upsetting
Attribute (p. 199)	to give credit to someone or something for causing something



Chapter 23	Student-friendly definition
Revelation (p. 202)	a surprising fact about someone or something that was previously secret and is now made known
Enterprising (p. 204)	having the ability to think of new activities or ideas and make them work
Mangle (p. 205)	to damage or injure something badly by crushing or twisting it
Presume (p. 205)	to think that something is true, although you are not certain
Protracted (p. 206)	used to describe something that continues for a long time, especially if it takes longer than usual, necessary, or expected

Chapter 24	Student-friendly definition
Irreplaceable (p. 211)	too special, valuable, or unusual to be replaced by anything else
Wade (p. 212)	to walk through, usually through water
Accountable (p. 213)	responsible for the effects of your actions and willing to explain or be criticized for them
Worthy (p. 214)	deserving respect from people
Destined (p. 218)	seeming certain to happen at some time in the future
Expense (p. 219)	cost of something



Chapter 25	Student-friendly definition
Speculate (p. 222)	To make a guess about the possible causes or effects of something without knowing all the facts
Opt (p. 223)	to choose one thing or do one thing instead of another
Trench (p. 223)	a long narrow hole dug into the surface of the ground
Itinerary (p. 224)	a plan or list of places that will be visited on a journey
Crestfallen (p.224)	looking disappointed and upset
Flinch (p. 225)	to move your face or body away from someone or something because you are in pain, frightened, or upset
Stabilize (p. 226)	to become firm, steady, or unchanging
Recurrent (p. 226)	happening or appearing several times
Console (p. 232)	to make someone feel better when they are feeling sad or disappointed

Chapters 26-27	Student-friendly definition
Crumple (p. 233)	to fall down in an uncontrolled way
Detach (p. 234)	separate
Abandon (p. 234)	to leave someone or something you are responsible for
Deprive (p. 234)	to deny someone
Bellow (p. 237)	to shout loudly and in a deep voice
Clatter (p. 238)	to make a loud unpleasant noise
Impetus (p. 238)	the force that makes an object start moving or keeps it moving
Motivate (p. 240)	to make someone want to achieve something



Chapters 28-29	Student-friendly definition
Intervene (p. 242)	to become involved in
Critical (p. 242)	to be seriously ill and near death
Promote (p. 243)	to help something to develop or increase
Audible (p. 244)	loud enough to hear
Residential (p. 249)	area that consists of private houses, with no offices or factories
Clog (p. 250)	to block something or become blocked
Pedestrian (p. 250)	someone who is walking, especially along a street or other place used by cars
Barricade (p. 251)	a temporary wall or fence across a road, door, etc. that prevents people from going through
Escort (p. 251)	to take someone somewhere, especially when you are protecting or guarding them
Elevated (p. 253)	raised off the ground or higher up than other things

Chapter 30	Student-friendly definition
Amplify (p. 256)	to make a sound louder
Relate (p. 257)	if two things relate, they are connected in some way
Optimistic (p. 257)	believing that good things will happen in the future
Utter (p. 259)	Complete; used to emphasize that something is very bad, or that a feeling is very strong
Overwrought (p. 259)	very upset, nervous, and worried
Momentarily (p. 261)	very soon