

You Are What You Eat: Word Search

Find the words in the list.

L S D G F O G V O N F
P N E O J S F E K F O
S A S P M M G G J R O
I C S M H I I E C U D
Y K E T E L F T U I P
K B R E A K F A S T Y
H P T Y L U Y B F O R
R A I L T A V L N C A
I J R V H A O E Y K M
W H E M Y B C S O A I
A T D L B F D Y K T D

Word Bank

BREAKFAST

DESSERT

FOOD PYRAMID

HEALTHY

PASTA

SNACK

TIRED

MILK

VEGETABLES

FRUIT

Answer Key

S D V F
P N E E F O
A S M G R O
C S H I E U D
K E T E L T I P
B R E A K F A S T Y
T L B R
I T L A
R H E M
E Y S I
D D