

Wellness: Word Search (Gr 3-5)

Find the words in the list.

B O D Y O G A T R F M W
C Y C L I N G R O W T H
V J P F M I N D A E A A
B D L T R A I N I N G V
P E H C D R U N N I N G
P R E V E N T I O N T B
O P A J W A L K I N G B
E U O E X E R C I S E E
M M I N D F U L N E S S
H Y P F O C U S D N B G
H P R H E A L T H Y F B
T V W E L L N E S S R I

Word Bank

WELLNESS	HEALTHY	EXERCISE
MIND	BODY	WALKING
RUNNING	CYCLING	YOGA
MINDFULNESS	FOCUS	PREVENTION
GROWTH	TRAINING	

Answer Key

B O D Y O G A
C Y C L I N G R O W T H
M I N D
T R A I N I N G
R U N N I N G
P R E V E N T I O N
W A L K I N G
E X E R C I S E
M I N D F U L N E S S
F O C U S
H E A L T H Y
W E L L N E S S