

How to Train Your Amygdala: Word Search

Find the words in the list.

D W C F A T J O O
A L A R M V L F I
N M L E Y P O R Y
G R M E G R T E H
E E S Z D O D L P
R J J E A T L A O
P I B A L E H X U
Y V V S A C U R O
S E N S I T I V E

Word Bank

AMYGDALA

ALARM

FREEZE

PROTECT

DANGER

SENSITIVE

RELAX

CALM

Answer Key

D C F A
A L A R M
N L E Y P R
G M E G R E
E Z D O L
R E A T A
L E X
A C
S E N S I T I V E