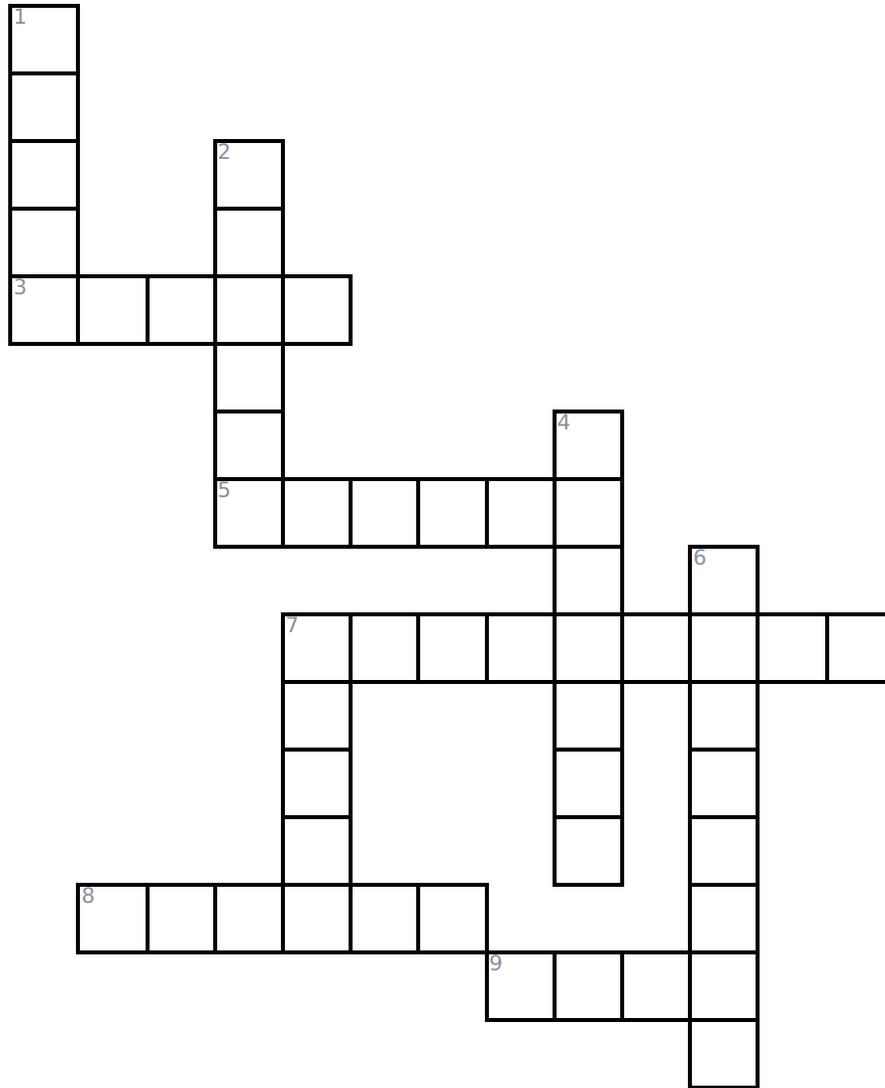


Sleep Is For Everyone: Criss Cross

Answer clues based on the content and vocabulary words from Sleep Is For Everyone. Look for hints in the Word Bank. Print the puzzle or use on your tablet, phone, or computer.



Across

3. Scientist know that most people need ____ to stay healthy.
5. A Goose can ____ while standing up.
7. When you are asleep, your brain keeps you lungs ____.
8. Young children can get ____ if they don't get their nap.
9. A bat will ____ while it's upside down.

Down

- 1. Most people will get ____ when they are tired.
- 2. When you are asleep, your brain ____ mixed up thoughts.
- 4. When you are asleep, your brain keeps you heart ____.
- 6. If you don't get enough sleep, you will make ____.
- 7. At night your ____ needs a rest from thinking.

Word Bank

SNOOZE
BEATING
SLEEP

DOZE
BREATHING
CROSS

CRANKY
DREAMS

BRAIN
MISTAKES

Answer Key

